



Woodbridge Police Department Resource List

Sexual Health

Nursing contact number - Tel: **732- 855-0600 ext. 5012**

Nursing website: <https://www.twp.woodbridge.nj.us/209/Nursing>

Middlesex County Center for Empowerment -Tel: **1-877-665-7273**

Web: <http://www.middlesexcountynj.gov/government/departments/psh/pages/center-for-empowerment.aspx>

Women Aware - Tel: 732-249-4504

<https://womenaware.net/>

Catholic Charities (for counseling/housing issues) - Tel: **732-826-6278**

Rutgers UBHC (for counseling/mental health) - Tel: **1-800-969-5300**

<https://ubhc.rutgers.edu/clinical/community/community-based-programs.xml>

The **2ND Door**: statewide counseling /support service for Youth (not specific to LGBTQ), message board and text messaging support - Tel: **888 222 2228**

<https://www.2ndfloor.org/#:~:text=2NDFLOOR%20is%20a%20confidential%20and%20anonymous%20helpline%20for,face%20at%20home%2C%20at%20school%20or%20at%20play.>

Pride Center, 85 Raritan Avenue, Suite 100, Highland Park NJ, 08904-2430 - Tel: **732-846-2232**

<https://www.pridecenter.org/about>

Healthier Middlesex

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