

October

Evergreen Senior Center | (732) 726-6261
400 Inman Ave. Colonia, NJ 07067

For more information:
Rosemary Mende
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Monday	Tuesday	Wednesday	Thursday	Friday
STARTING 10/19: TAI CHI & ZUMBA IS BACK!	 <p>Meyer John E. McCormac Township of Woodbridge Senior Transportation Service 732-726-2394</p>	 <p>BREAST CANCER Awareness</p>	<p>1 12:30pm Chair Yoga</p>	<p>2 11am Crochet 11:30am Bingo</p>
<p>5 11:30am Bingo</p>	<p>6 11am Movie "My Week with Marilyn"</p>	<p>7 11am Crochet</p>	<p>8 12:30pm Chair Yoga</p>	<p>9 11am Crochet 11:30am Bingo</p>
 <p>12 COLUMBUS DAY</p>	<p>13 11am Movie "The Hustle"</p>	<p>14 11am Crochet</p>	<p>15 12:30pm Chair Yoga</p>	<p>16 11am Crochet 11:30am Bingo</p>
 <p>19 9:30am Tai Chi 11:30am Bingo</p>	 <p>20 9am Chair Zumba 11am Movie "A Star is Born"</p>	<p>21 11am Crochet</p>	<p>22 12:30pm Chair Yoga</p>	<p>23 11am Crochet 11:30am Bingo</p>
 <p>26 9:30am Tai Chi 11:30am Bingo</p>	 <p>27 9am Chair Zumba 11am Movie "Charlie's Angels"</p>	<p>28 11am Crochet</p>	<p>29 12:30pm Chair Yoga</p>	<p>30 11am Crochet 11:30am Bingo</p>

All classes subject to change. The following procedures have been put into place for safety purposes.

1. Anyone entering the building must wear a mask AT ALL TIMES.
2. To reserve a spot in a class/activity, members must call their center the Friday before the following week begins.
3. Members will be allowed to enter into the center 15 minutes prior to class/activity.
4. At this time, only members who registered for a class are allowed in the center.
5. No lingering is allowed.
6. A member can only reserve 2 time slots per week at this time.
7. No class registration will be taken less than 24 hours prior to the start of a class/activity.
8. There will be no water/coffee served. Please bring your own water bottle. No food is permitted.
9. Please practice 6ft of social distance. Continuously wash your hands and sanitize your area.
10. Only 1 member allowed in the lavatory at a time.

Senior Hotline: (732) 726-6264

John E. McCormac
Mayor



Dennis M. Green
Health Director

