

Hickory Senior Center Dance Fitness Class



Where: Hickory Senior Center With Rosalyn!

When: Mondays 9:30AM

Have no fear of starting here, leave your worries at the door. It's a great way to start up a fitness program that will keep you looking forward to your workout for years to come!

For General Information or If you have any questions please call: Elizabeth Cowan @ (732-726-6285) or Email: Elizabeth.Cowan@twp.woodbridge.nj.us

John E. McCormac Mayor



Dennis M. Green Director of Health