

Every
Day
Steps
YOU
Can
Take
To:



The best way to **conserve energy** is to use more **renewable energy sources** and to cut down on our **OVERALL ENERGY USE.**

Water — Most people use 50-70 gallons of water every day in their homes.

- Always turn off the running water when you are brushing your teeth, washing your hands or doing the dishes.
- Wash only a full load of dishes in the dishwasher and let the dishes air dry.
- Take less baths and shorter showers.
- Only wash clothes when you have a full load.
- Repair any dripping faucets and toilet tank leaks.
- Try to avoid flushing unnecessary trash down the toilet.

Automobiles — Cars release 98 tons of fossil fuels into the air for every gallon of gas.

- Make sure your car gets routine maintenance checks to extend its life and improve gas mileage.
- Use cruise control on the highway to save gas.
- Ride a bike or walk to work if you live close enough.
- Inflate your car tires to the recommended pressures.
- Avoid unnecessary idling, excessive speeds and heavy braking.
- Use the heating and cooling system sparingly.
- Plan trips ahead of time to avoid traffic delays.
- Consider buying a hybrid car, electric car, hydrogen car, bio-diesel car or fuel cell car.

Electricity — American households spend over \$1,000 annually on electricity.

- Almost half of the energy we consume in our homes is used for heat. Always check and replace your heating air filters and keep your thermostat on the lowest comfortable temperature.
- Make sure your air conditioner is well-maintained and is the correct size for the area it's cooling. Also be sure to turn it off when you're not around and use more fans to cool the immediate area.
- Make sure you always close your refrigerator door and keep the temperature between 36-38 degrees F.
- Only wash heavily soiled clothing in hot water; 90% of energy used goes towards heating the water.
- Turn off all lights when you're not using them; replace incandescent bulbs with new screw-in fluorescent bulbs to use 75% less electricity.
- Unplug any appliances not being used and try to buy more energy-efficient models.

