

## "Tools of the Trade"

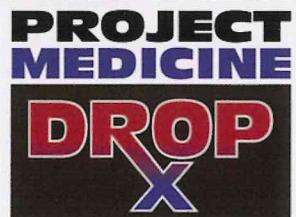
What to look for in your child's room



Missing spoons... Spoons are used to heat and melt the heroin. A common heat source may be a tea light or a lighter. Syringes are used to inject heroin into veins and rubber bands are used as a tourniquet to expose veins. Cut straws can be used to snort heroin.

This is the packaging commonly associated with heroin. It can come in small wax paper folds with a stamp on it, or a small clear "glassine" baggie. These can be hidden anywhere

**OPIATES ARE HEROIN IN A PILL**  
**OPIATES ARE SOLD AT THE PHARMACY**  
**KIDS THINK THEY ARE SAFE TO TAKE, THEY ARE NOT SAFE**  
**THEY ARE HIGHLY ADDICTIVE, THEY OFTEN LEAD TO HEROIN**



GET RID OF YOUR  
PRESCRIPTION DRUGS

For more information please go to

<http://www.njconsumeraffairs.gov/meddrop/>

### Addiction is a family disease.

If your family member is exhibiting these signs or symptoms, please contact their doctor for more help. These could be signs and symptoms of other diseases as well.

### COMMON OPIATES (HEROIN) AT HOME

OxyContin, Oxycodone, Roxicodone,  
Percocet, Percodan, Opana, Lortab,  
Norco, Vicodan, Buprenorphine,  
Codeine, Demerol, Hydrocodone, Lorcet,  
Morphine, Fentanyl

## Get Help Now!

### Help Lines

Addiction Hotline: (800) 238-2333 (free)

Narcotics Anonymous: (800) 992-0401  
(free)

Dial (211) (free)

State Help: (866) 202-4357

[www.parent2parentnj.org](http://www.parent2parentnj.org)

### Detox Centers

Bergen Regional (201) 967-4194

St. Michael's Hospital (800) 211-5927

Christ Hospital (201) 795-8374

Straight & Narrow (973) 345-6000

Carrier Clinic (800) 933-3579

Mt. Carmel (800) 227 7705

New Visions (609) 441-8976

### Inpatient Rehabs

Maryville: (856) 629-0244

New Hope Foundation: (800) 705-4673

Turning Point: (800) 969-7476

Lighthouse: (800) 852-8851

Post House: (609) 726-7155

John Brooks Recovery: (609) 345-4035

Princeton House: (609) 497-3355

Sunrise House: (800) 538-5483

Seabrook House: (800) 761-7575

Integrity House: (973) 848-3751

### Free NJ Recovery Support

CITY OF ANGELS [www.cityofangelsnj.org](http://www.cityofangelsnj.org)

S.O.S Save Our Sobriety

[www.saveoursobriety.com](http://www.saveoursobriety.com)

Hope All Day [www.HopeAllDay.org](http://www.HopeAllDay.org)

## A guide to what you DON'T know



"A growing epidemic amongst our youth!"

Woodbridge recognizes the growing epidemic in the state of NJ. The Heroin Awareness and Prevention Task Force has been created by the Municipal Alliance. For more information, Please watch TV 35.

**Every 15 minutes  
someone dies from an  
OVERDOSE NATIONWIDE**

Know the signs and symptoms before they affect your life and loved ones

**Heroin does not discriminate!!**

The Woodbridge Township Municipal Alliance  
[municipalalliance@twp.woodbridge.nj.us](mailto:municipalalliance@twp.woodbridge.nj.us)

## DID YOU KNOW?

- ◆ That someone DIES every 15 minutes nationwide from OVERDOSING on HEROIN or prescription drugs?
- ◆ HEROIN is NOT just an inner-city drug anymore!
- ◆ Most HEROIN users start using in their TEENAGE years!
- ◆ Most HEROIN users begin by using prescription pain pills.

## STREET NAMES & SLANG TERMS FOR HEROIN

Smack, H, Tar, Chiba, Chiva, Junk, Brown Sugar, Skag, Mud, Dragon, Dope, White, China White, White Horse, White Nurse, White Lady, White Boy, White Stuff, Black Tar, Snow, Number 3, Number 4, Number 8, Black Pearl, Brown.

## Behavioral Signs of Opiate & Heroin Abuse

- Lying or other deceptive behavior
- Substantial increase in time spent sleeping
- Slurred, garbled or incoherent speech
- Decrease in school or work performance
- Lack of attention to hygiene and appearance
- Loss of motivation, lack of interest
- Withdrawal from friends/family and activities
- Missing valuables, selling possessions
- Anger towards loved ones
- Blaming others for their problems
- Blaming others for missed commitments
- Decline in self-esteem
- Wearing long pants or long sleeves to hide needle marks, even during summer months.

**NEW JERSEY:** State officials are seeing an increase those seeking treatment who live in suburban areas versus cities. Overall, the number of people seeking treatment for heroin abuse reached a five-year high of 25,442 in 2012, the most recent year for which statistics were available.

\* Associated Press

"In 2012, 591 people died of HEROIN overdoses statewide, up from 443 the previous year"\* Based on current overdoses reported already this year, we have reason to believe this number will be drastically higher in 2014

\* Associated Press

## Physical Signs of heroin USE

- ◆ Dry mouth, Acting strangely
- ◆ "Droopy" Appearance
- ◆ Sudden disorientation
- ◆ Constricted (small) pupils
- ◆ Sudden cycles of hyper alertness, followed by nodding off
- ◆ Increased sleeping patterns



## Physical Signs of heroin ABUSE

- ◆ Having needles and syringes not used for medical purposes
- ◆ Missing and burned spoons, aluminum foil gum wrappers,
- ◆ Straws w/ burn marks
- ◆ Small rectangles of wax paper folded
- ◆ Glassine baggies with white powder residue
- ◆ Missing shoelaces,
- ◆ Large rubber bands used as a tie off for injection sites



## Signs of heroin DEPENDANCE

- ◆ Cuts
- ◆ Weight loss
- ◆ Runny nose
- ◆ Abscess at injection site
- ◆ Bruises & scabs from skin picking
- ◆ Needle marks on arms
- ◆ infections



## THREE THINGS TO DO RIGHT NOW

### 1. Talk to your kids



Studies show that 80% of active heroin users die because their parents are not aware of their drug addiction. Get the facts!

### 2. Break the code

Parents need to form alliances. If you hear of a person using pills or heroin, tell his/her loved ones before it's too late



### 3. Drug Test at Home



Be proactive— Randomly drug test your teens and young adults for opiates/ heroin at home for only \$10.00. You are not violating their rights, you are saving their lives.

## HARM REDUCTION

- ◆ Seek treatment, DON'T punish!
- ◆ Get the facts about Narcan\*
- ◆ Relapse after detox, can be fatal!!

\*Narcan is used to stop an overdose from heroin and should be followed through with medical treatment.