



**Middlesex County  
Board of Chosen Freeholders**

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**Middlesex County Dept. of Community Services**  
**Gerry Mackenzie**, Department Head

**Office of Human Services**  
**Melyssa Lewis**, Director

The Office of Human Services  
75 Bayard Street, 5th Floor  
New Brunswick, NJ 08901

[www.middlesexcountynj.gov](http://www.middlesexcountynj.gov)

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August 2018



Office of Human Services

Division of Addiction  
& Mental Health Planning

**Alcohol, Tobacco &  
Other Drugs  
Resource Directory**

Call: 732-745-4186

Office Hours: 8:30am-4:15pm

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## SUPPORT & INFORMATION SERVICES

**REACH NJ (24/7) Confidential Addiction Services Hotline**  
844-732-2465  
[www.reachnj.gov](http://www.reachnj.gov)

**IME Addictions Access Center (24/7)**  
844-276-2777

**2-1-1 Addictions Hotline of NJ (24/7)**  
[www.nj211.org](http://www.nj211.org)

**ALA-CALL/ NJ Substance Abuse Hotline**  
Interpreters for all languages  
800-322-5525  
[www.snj.com/ala-call](http://www.snj.com/ala-call)

**Al-Anon/Alateen (Family Groups)**  
973-744-8686/ Spanish - 973-268-1260  
[www.nj-al-anon.org](http://www.nj-al-anon.org)

**Alcoholics Anonymous (AA)**  
908-687-8566 or 800-245-1377

**Gam-Anon**  
718-352-1671  
[www.gam-anon.org](http://www.gam-anon.org)

**Marijuana Anonymous**  
800-766-6779  
[www.marijuana-anonymous.org](http://www.marijuana-anonymous.org)

**Nar-Anon of New Jersey**  
800-477-6291  
[www.naranonofnj.org](http://www.naranonofnj.org)

**Narcotics Anonymous (NA)**  
732-933-0462  
[www.nanj.org](http://www.nanj.org)

**New Jersey Council on Compulsive Gambling**

800-GAMBLER (800-426-2537)  
www.800gambler.org

**Nicotine Anonymous**

877-879-6422  
www.nicotine-anonymous.org

**NJ Connect for Recovery**

For Individuals & Families Facing Opiate Addiction  
1-855-652-3737  
www.njconnectforrecovery.org

**Parents Anonymous**

800-843-5437  
www.paofnj.org

**Self Help Clearinghouse**

800-367-6274  
www.njgroups.org

**SMART Recovery**

www.smartrecovery.org

**South Asian Alcoholics Anonymous**

1295 Oak Tree Road  
Iselin, NJ 08830  
AA meetings (FREE)  
every Thursday from 7:30 - 9:00 pm

**Wellspring Center for Prevention  
(formerly NCADD of Middlesex County, Inc.)**

732-254-3344  
www.wellspringprevention.org

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**New Jersey Lawyers Assistance Program**

One Constitution Square  
New Brunswick, NJ 08901  
1-800-24-NJLAP  
www.njlap.org

**NJ Council on Compulsive Gambling**

3635 Quakerbridge Road / Suite 7  
Hamilton, NJ 08619  
1-800-GAMBLER  
www.800gambler.org

**Veterans Affairs Outpatient Clinic**

14 Willis Way, Building 5  
Piscataway, NJ 08854  
732-981-8193

**Women Aware, Inc.**

250 Livingston Avenue  
New Brunswick, NJ 08901  
732-249-4900  
Hotline: 732-249-4504  
www.womenaware.net  
Domestic Violence Program  
Emergency Shelter  
Community Support Groups (Eng. & Spa.)  
Community Education & Training  
Counseling and supportive services to  
families and individuals

**FAMILY SUPPORT & EDUCATION****Coordinated Family Care (CFC)**

30 Silver Line Drive, Suite 1  
North Brunswick, NJ 08902  
732-572-3663  
Perform Care: 877-652-7624  
www.coordinatedfamilycare.org  
www.performcarenj.com

**Elijah's Promise****HEART (Homeless Empowerment Action Response Team)**

18 Nielson Street  
New Brunswick, NJ 08901  
732-545-9002 ext. 119  
www.elijahspromise.org  
Intake, referral and transport to detox  
programs  
Case management  
Bilingual - Spanish & English

**Harmony Family Success Center**

255 Livingston Ave  
New Brunswick, NJ 08901  
732-640-0801  
www.prab.org/programs/family-services  
Bilingual (Spanish) professional on staff

**Jewish Renaissance****Family Success Center**

149 Kearny Ave, Ste 2  
Perth Amboy, NJ 08861  
732-638-5063  
www.jrfnj.org  
Bilingual (Spanish) professional on staff

**New Jersey Lawyers Assistance Program**

1 Constitution Square  
New Brunswick, NJ 08901-1500  
800-24-NJLAP (800-246-5527)  
or 732-937-7549  
www.njlap.org  
Free, confidential service for attorneys, law students, & judges only

**Parents Anonymous of New Jersey, Inc.**

127 Route 206, Suite 10, Hamilton, NJ 08610  
or 42 Chestnut Street, East Orange, NJ 07017  
609-585-7666  
panjinfo@paofnj.org  
www.paofnj.org

**Parent-To-Parent**

1010 B Tuckerton Road  
Marlton, NJ 08053  
856-983-3328  
www.parent2parentnj.org

**Parents In Connection for Kids (PICK)**

pickawareness@yahoo.com  
www.pickawareness.com

**Rutgers/UBHC****COPSA Community Outreach -  
Middlesex County**

100 Metroplex Drive, Suite 200  
Edison, NJ 08817  
732-235-8400  
www.ubhc.rutgers.edu

**Middlesex County Center for  
Empowerment:****Sexual Violence Counseling, Advocacy,  
& Prevention Education**

29 Oakwood Avenue  
Edison, NJ 08837  
732-321-1189  
24-hour hotline at 1-877-665-7273  
www.middlesexcountynj.gov

**Middlesex County Office of Aging and  
Disabled Services**

75 Bayard Street, 5th Floor  
New Brunswick, NJ 08901  
732-745-3295  
www.middlesexcountynj.gov  
Bilingual (Spanish) professional on staff

**Middlesex County Office of Human  
Services, Division of Addictions  
and Mental Health Planning**

75 Bayard Street, 5th Floor  
New Brunswick, NJ 08901  
732-745-4186  
www.middlesexcountynj.gov  
Bilingual (Spanish) professional on staff

**NAMI New Jersey**

1562 Route 130  
North Brunswick, NJ 08902  
732-940-0991  
www.naminj.org  
Provides education, support and systems  
advocacy to empower families and  
persons with mental illness  
Bilingual (Spanish) professional on staff

**Middlesex County Office of Human Services, Division of Children Services**

75 Bayard Street, 5th Floor  
New Brunswick, NJ 08901  
732-745-4186  
www.middlesexcountynj.gov  
Assisting in identifying the behavioral health care needs for children up to age 21  
Providing information and referral to consumers and families regarding the continuum of care for children with special emotional and behavioral issues  
FireWatch Hotline 732-745-4049  
Bilingual (Spanish) professional on staff

**Middlesex County Office of Human Services Veteran Services**

75 Bayard Street, 2nd Floor  
New Brunswick, NJ 08901  
732-745-4051  
www.middlesexcountynj.gov

**Middlesex County Area Transit (MCAT)**

711 Jersey Avenue  
New Brunswick, NJ 08901  
Reservations: 800-221-3520  
Office: 732-296-1644  
Initial request must come through a social worker or case worker  
Call Center Hours: Mon.- Fri., 8:30am - 4:00pm

**Middlesex County Board of Social Services**

181 How Lane  
New Brunswick, NJ 08903  
732-745-3500 or Toll Free at 1-800-SOCIAL2  
www.middlesexsocialservices.com  
Bilingual (Spanish) professional on staff

**Statewide Parent Advocacy Network (SPAN)**

35 Halsey Street, 4th Floor  
Newark, NJ 07102  
800-654-7726  
www.spanadvocacy.org  
The Statewide Parent Advocacy Network (SPAN) is an independent non-profit organization committed to empowering families as advocates and partners in improving education and health outcomes for infants, toddlers, children and youth.

**Wellspring Center for Prevention (formerly NCADD of Middlesex County, Inc.)**

620 Cranbury Road, Suite 105  
East Brunswick, NJ 08816  
732-254-3344  
www.wellspringprevention.org  
www.helptool.com  
Confidential Helpline  
Prevention Resource Center  
Education  
Advocacy  
Coalition for Healthy Communities  
Bilingual (Spanish) professional on staff

**DETOXIFICATION**

**Carrier Clinic**

252 County Road 601  
Belle Mead, NJ 08502  
800-933-3579  
www.carrierclinic.org  
Self payment, Private health insurance  
Sliding fee scale

**Center for Network Therapy**

333 Cedar Avenue, Bldg. B, Suite 3  
Middlesex, NJ 08846  
Tel: 732-560-1080  
www.recoverycnt.com  
Co-occurring Behavioral Health Issues  
Suboxone/Subutex /Psychotropic

**New Bridge Medical Center**

230 East Ridgewood Avenue  
Paramus, NJ 07652  
201-967-4194 or 1-800-730-2762  
www.newbridgehealth.org  
Inpatient Medical Detoxification  
Indigent clients accepted statewide

**New Brunswick Counseling Center**

320 Suydam Street  
New Brunswick, NJ 08901  
732-246-4025  
www.newbrunswickcounselingcenter.org  
Accredited by the Joint Commission  
Sliding scale fee  
Medicaid accepted  
Bilingual (Spanish) professional on staff

**New Hope Integrated  
Behavioral Health Care**

80 Conover Road  
Marlboro, NJ 07746  
732-946-3030  
www.newhopefoundation.org  
Sub-acute detoxification (3-5 days)  
Sliding scale fee; Indigent clients accepted  
statewide  
Bilingual (Spanish) professional on staff

**Family Support Organization of Middlesex**

1 Ethel Road, Ste 108  
Edison, NJ 08817  
732-287-8701  
www.fsomiddlesexcounty.net  
Provide support to families of children with  
behavioral or emotional challenges  
Bilingual (Spanish) professional on staff

**Hyacinth AIDS Foundation**

317 George St #203  
New Brunswick, NJ 08901  
732-246-0204  
www.hyacinth.org

**Middlesex County****Intoxicated Driver Resource Center**

PO Box 30  
New Brunswick, NJ 08903  
732-745-4500  
www.middlesexcountynj.gov  
Provides the mandated 12 Hour educational/  
screening program for persons convicted  
of various statutes pertaining to operating  
under the influence, refusal of the  
breathalyzer, underage drinking, drunk  
boating and fatal emergent accident.  
Bilingual (Spanish) professional on staff  
Each person in the program is responsible  
for paying the program fee of \$264.



resources and support for people trying to give up smoking.

Bilingual (Spanish) professional on staff

**Tobacco Dependence Program  
Rutgers the State University**

125 Paterson Street, Suite 2300

New Brunswick, NJ 08903

732-235-8222

[www.tobaccoprogram.org](http://www.tobaccoprogram.org)

[stopsmoking@rutgers.edu](mailto:stopsmoking@rutgers.edu)

Treatment for individuals who want to quit smoking or using tobacco

Individual and group treatment

Nicotine replacement therapy

Other pharmacological aids (e.g. Zyban)

Bilingual (Spanish) professional on staff

## OTHER SERVICES

**Addiction Professionals Certification  
Board of New Jersey (APCBNJ)**

180A Tices Lane #205

East Brunswick, NJ 08816

[www.certbd.org](http://www.certbd.org)

Initial and re-certification for CPS, CCS, CMS, APS, CJC, CDA, CPAS, ADS, CHS, CMHA

Job listings

Course providers

**Central Jersey Legal Services**

317 George Street, Ste 201

New Brunswick, NJ 08901

732-249-7600

[www.lsnj.org/cjls](http://www.lsnj.org/cjls)

Free legal help in civil (non-criminal) cases for low-income residents of Middlesex County

Housing Problems

Family Matters

Public Benefits and Employment

Bilingual (Spanish) professional on staff

**Penn Medicine-  
Princeton House Behavioral Health**

905 Herrontown Road

Princeton, NJ 08540

609-497-3300 or 800-242-2550

[www.princetonhouse.org](http://www.princetonhouse.org)

Board Certified Psychiatrists

Accredited by the Joint Commission

Most major insurances

Medicare & Medicaid accepted

**Serenity at Summit**

1000 Galloping Hill Road

Union, NJ 07083

609-422-5788

[www.serenityatsummit.com](http://www.serenityatsummit.com)

## METHADONE SERVICES

**Habit Opco**

1 Main Street

South Amboy, NJ 08879

732-727-2555

Adults 18+ only

Methadone/Suboxone Maintenance

Private Insurance Accepted

Private Pay

**New Brunswick Counseling Center**

320 Suydam Street

New Brunswick, NJ 08901

732-246-4025

[www.newbrunswickcounselingcenter.org](http://www.newbrunswickcounselingcenter.org)

Medicaid accepted

Sliding scale fee

Provides opioid/narcotic replacement

therapy utilizing Methadone & Suboxone

Women's services

Bilingual (Spanish) professional on staff

## OUTPATIENT SERVICES

*(Includes Intensive Outpatient and  
Partial Hospitalization)*

### **Breath of Life**

24 North Third Avenue, Suite 203F  
Highland Park, NJ 08904  
732-690-4616  
www.breathoflifecounseling.com  
Services for adolescents  
Individual, family and group counseling  
Anger management treatment (group  
counseling)  
Sliding scale fee  
Private pay only  
Bilingual (Spanish) professional on staff

### **Catholic Charities**

288 Rues Lane  
East Brunswick, NJ 08816  
732-257-6100  
Call Access Center 732-324-8200 for  
Scheduling Assessment  
www.ccdom.org  
Adults and Adolescents (14-17)  
Medicaid accepted  
Sliding scale fee  
American Sign Language  
Teen Support Program

### **Center for Great Expectations**

303 George Street, Ste 104  
New Brunswick, NJ 08901  
732-993-6403  
www.cge-nj.org  
Substance abuse treatment, intensive case  
management, counseling (individual, group,  
and family)

## NICOTINE RESOURCES

### **American Lung Association of New Jersey**

PO Box 10188, 37214  
Newark, NJ 07101  
908-685-8040  
Helpline: 1-800-LUNGUSA  
www.lungusa.org/newjersey  
Freedom from Smoking Clinic  
(min. 10 participants at workplace locations  
arranged)  
Business Packet only—no individual services  
Bilingual - English & Spanish

### **CHOICES**

317 George Street, Suite 105  
New Brunswick, NJ 08901  
732-235-8232  
www.njchoices.org  
Consumer-driven program for smokers  
with mental illness in New Jersey  
Bilingual (Spanish) professional on staff

### **Middlesex County**

#### **Office of Health Services**

35 Kennedy Boulevard  
East Brunswick, NJ 08816  
732-745-3100  
www.middlesexcountynj.gov  
Tobacco prevention and awareness  
(elementary school to adult)

### **New Jersey Quitline**

866-NJSTOPS  
www.njquitline.org  
Dedicated to providing comprehensive

**STEP Inc.**

40 Woodbridge Avenue  
 Sewaren, NJ 08861  
 732-636-1931  
[www.stepnj40.com](http://www.stepnj40.com)  
 Life Coaching  
 Spiritual Groups  
 Pain Management  
 Medical and Psychiatric Evaluation  
 Dialectical Behavior Therapy (DBT)  
 Cognitive Behavior Therapy (CBT)  
 Family Therapy  
 Suboxone Maintenance  
 Anti-Craving Medication  
 Treatment for Co-Occurring Depression  
 and Anxiety Disorders

**PREGNANCY AND ADDICTION**

**Center for Great Expectations**

303 George Street, Ste 104  
 New Brunswick, NJ 08901  
 732-993-6403  
[www.cge-nj.org](http://www.cge-nj.org)  
 Substance abuse treatment, intensive case  
 management, counseling (individual, group,  
 and family)  
 Drug-free outpatient & co-occurring/MICA  
 Intensive Outpatient Treatment Program for  
 pregnant and post-partum women  
 Sliding fee scale and discounted rates  
 available; indigent clients accepted

Intensive Outpatient Treatment Program for  
 pregnant and post-partum women, men  
 Adolescents from 13 to 18, Adult program (18+)

**Center for Network Therapy**

333 Cedar Avenue, Bldg. B Suite 3  
 Middlesex, NJ 08846  
 Tel: 732-560-1080  
 Fax: 732-560-1081  
[www.recoverycnt.com](http://www.recoverycnt.com)  
 Intensive Outpatient Program (IOP)  
 Outpatient Therapy (OP)  
 Partial Hospitalization (PHP)  
 Co-occurring services available  
 Medication Management - Suboxone/  
 Subutex + Psychotropic  
 Adults and adolescents

**Center for Wellness**

312 Applegarth Road, Suite 200  
 Monroe Twp, NJ 08831  
 732-655-4239  
[www.centerforwellnessnj.com](http://www.centerforwellnessnj.com)  
 Intensive Outpatient Program (IOP)  
 Adolescent Program (ages 13-18, if in school)  
 Adult Program (ages 18+)

**Clarity Treatment Services**

262 State Street  
 Perth Amboy, NJ 08861  
 732-442-3535  
[www.claritytreatmentservices.com](http://www.claritytreatmentservices.com)  
 Substance Abuse Outpatient Counseling  
 Intensive Outpatient Program (IOP)  
 Substance abuse evaluations and mental  
 health screenings  
 Psycho-Education Groups

Case Management  
Crisis Intervention  
Bilingual staff (Spanish & Portuguese)  
Sliding fee scale, Medicaid, Medicare and private insurance

**CURA, Inc.**

35 Lincoln Park  
P.O. Box 180  
Newark, NJ 07101-0180  
973-622-3570  
www.curainc.com  
Bilingual (Spanish) professional on staff

**Damon House Outpatient**

175 Market Street - Room 200  
Paterson, NJ 07505  
973-279-5563 or 732-828-6002  
www.damonhouse.org  
Sliding scale fee  
Indigent clients accepted statewide  
OP and IOP programs  
Individual & group counseling

**Diamond Counseling Center**

1 Ethel Road, Bldg. 1, Suite 101B  
Edison, NJ 08817  
732-248-1805  
www.diamondcounselingcenter.net  
Individual Counseling  
Intensive Outpatient (IOP)  
Accept NJ Family Care Medicaid, SAI, Drug Court, Private Insurance and sliding scale

Individual therapy  
Drug/alcohol counseling  
Medication management  
Health & wellness  
Psychoeducation  
Pre-vocational services  
Bilingual (Spanish) professional on staff

**Rutgers/UBHC**

**Acute Adult Partial Hospitalization Program**

671 Hoes Lane, 2nd floor  
Piscataway, NJ 08855-1392  
Program information: 732-235-4242  
Access Center: 800-969-5300  
Partial hospitalization services for adults age 18 and over with a primary diagnosis of a serious and persistent mental illness  
Individual therapy available  
Evidence based best practice modalities  
Group treatment philosophy with multidisciplinary treatment team  
Bilingual (Spanish) professional on staff

**SOBA College Recovery**

104 Bayard Street  
New Brunswick, NJ  
732-847-2869  
www.sobanewjersey.com  
Partial care level  
Intensive Outpatient Services  
Group sessions  
Assessment & Evaluation Of Co-occurring Disorders  
Syllabus management for academic support  
Private insurance accepted

**Penn Medicine-  
Princeton House Behavioral Health**  
905 Herrontown Road  
Princeton, NJ 08540  
609-497-3300 or 800-242-2550  
www.princetonhouse.org  
Inpatient Dual Diagnosis Program  
(Primary Psychiatric Diagnoses)  
Inpatient Adult Addiction Recovery Program  
(Primary Substance Abuse Diagnoses)  
Inpatient Adolescent Substance Abuse  
Treatment Program (Primary Substance  
Abuse Diagnoses with some Co-occurring  
Disorders)  
Accredited by the Joint Commission  
Board Certified Psychiatrists  
Most major insurance  
Medicaid & Medicare accepted

**Rutgers/UBHC  
New Brunswick Partial Hospital Program**  
303 George Street,  
New Brunswick, NJ 08901  
Program information: 732-235-6900  
Access Center: 800-969-5300  
www.ubhc.rutgers.edu  
Individual therapy and group treatment  
Medication management  
Health and wellness  
Psychoeducation  
Pre-vocational services

**Also at**  
4326 Route 1 North  
Monmouth Junction, NJ 08852  
Program information: 732-235-5910  
Access Center: 800-969-5300

**Discovery Institute  
for Addictive Disorders, Inc.**  
80 Conover Road  
Marlboro, NJ 07746  
844-478-6563  
www.discoverynj.org  
Intensive Outpatient and Traditional  
Outpatient  
Sliding scale fee

**Extracare Health Services**  
141 Route 34  
Matawan, NJ 07747  
732-721-3835  
www.extracarehealth.com

**First Step Counseling**  
15 Calvin Place  
Metuchen, NJ 08840  
732-549-0401  
www.firststepmetuchen.com

**Innerspace Counseling**  
2433 County Road 516  
Old Bridge, NJ 08857  
732-332-8270  
www.innerspacecounseling.com  
Outpatient / Intensive Outpatient Programs

**JFK Medical Center -  
Center for Behavioral Health**  
65 James Street  
Edison, NJ 08818  
732-321-7189  
www.jfkmc.org/clinical-services/  
behavioral-health  
Outpatient Drug Free and Intensive  
Outpatient

Anger management  
Mental Health services available  
Medicare, Medicaid, and some private insurance  
Indigent funding available

**Journey to Wellness**

220 Market Street  
Perth Amboy, NJ 08861  
732-709-7440  
www.treatmentnj.net  
Outpatient/ Intensive Outpatient Groups/  
Partial Care  
Co-occurring  
Medicaid  
Bilingual (Spanish) professional on staff

**Laszlo Center 4 Hope & Healing**

367 Old Bridge Turnpike  
East Brunswick, NJ 08816  
732-794-3629  
Individual sessions available by appt.  
Sliding scale and Third Party Insurance

**New Brunswick Counseling Center**

320 Suydam Street  
New Brunswick, NJ 08901  
732-246-4025  
www.newbrunswickcounselingcenter.org  
Medicaid accepted; Sliding scale fee  
Outpatient  
Free HIV Education and Testing  
Intensive Outpatient Treatment  
Specialized Women's Services  
Anger Management Group  
Anxiety Management Group  
Depression Group

**Diamond Counseling Center**

1 Ethel Road, Bldg. 1, Suite 101B  
Edison, NJ 08817  
732-248-1805  
www.diamondcounselingcenter.net  
Intensive Outpatient (IOP)  
Family Counseling  
Anger Management  
Co-occurring services  
Accept Medicaid, SAI, Private Insurance  
and sliding scale

**First Step Counseling**

15 Calvin Place  
Metuchen, NJ 08840  
732-549-0401  
www.firststepmetuchen.com  
Family-Marital counseling  
Mental & health services available  
Individual, group counseling  
Adult, adolescent and children accepted  
Sliding scale fee; Insurance accepted

**Penn Medicine-**

**Princeton House Behavioral Health**

1460 Livingston Avenue  
North Brunswick, NJ 08902  
732-729-3600 or 888-437-1610  
www.princetonhouse.org  
Day hours  
Adult & adolescent partial hospital  
Adolescent & adult IOP, family program  
Accredited by the Joint Commission  
Board Certified Psychiatrists  
Most major insurance  
Medicaid & Medicare accepted  
Medication monitoring available

## **CO-OCCURRING SERVICES**

*(Integrated treatment addressing mental and substance use conditions at the same time)*

### **Carrier Clinic**

252 County Road 601  
Belle Mead, NJ 08502  
800-933-3579  
www.carrierclinic.org

### **Catholic Charities**

288 Rues Lane  
East Brunswick, NJ 08816  
800-655-9491 or 732-257-6100  
www.ccdom.org  
Weekly outpatient MICA group  
Individual counseling  
Medicaid accepted/Third party insurance  
Sliding scale fee  
Medication monitoring available  
Bilingual (Spanish) professional on staff

### **Center for Network Therapy**

333 Cedar Avenue, Bldg. B Suite 3  
Middlesex, NJ 08846  
Tel: 732-560-1080  
Fax: 732-560-1081  
www.recoverycnt.com  
Intensive Outpatient Program (IOP)  
Outpatient Therapy (OP)  
Partial Hospitalization (PHP)  
Medication Management - Suboxone/  
Subutex) + Psychotropic  
Adults and adolescents

Relapse Prevention Group  
Juvenile Group  
Treatment for Co-Occurring Psychiatric  
Disorders  
Psychological evaluations  
Family Education  
Methadone (see Methadone section)  
Bilingual (Spanish) professional on staff

### **New Hope Integrated Behavioral Health Care**

2-A2 Monmouth Avenue  
Freehold, NJ 07728  
732-308-0113  
www.newhopefoundation.org  
Comprehensive services for adults,  
adolescents & their families  
Most insurance accepted; Medicaid accepted  
Reduced fee upon application  
Bilingual (Spanish) professional on staff

### **The Open Door/New Hope Integrated Behavioral Health Care**

2-4 New & Kirkpatrick Streets  
New Brunswick, NJ 08901  
732-246-4800  
www.newhopefoundation.org  
Sliding scale fee  
Indigent clients accepted  
Bilingual (Spanish) professional on staff

**OMNI Health Services**

1001 Raritan Avenue  
Highland Park, NJ 08904  
732-227-0070  
www.omhsi1.com  
Marital/Family Counseling

**Penn Medicine-****Princeton House Behavioral Health**

1460 Livingston Avenue  
North Brunswick, NJ 08902  
732-729-3600 or 888-437-1610  
www.princetonhouse.org  
Day & evening hours  
Adult & adolescent partial hospital, IOP,  
family program  
Co-occurring Services  
Accredited by the joint commission  
Most major insurance  
Medicaid & Medicare accepted

**Rutgers Alcohol & Other Drug  
Assistance Program for Students- ADAP**

17 Senior Street  
New Brunswick, NJ 08901  
848-932-7884  
www.health.rutgers.edu  
Services for Rutgers students only; No fee  
Evening hours by appointment

**SOBA College Recovery**

104 Bayard Street  
New Brunswick, NJ 08901  
732-847-2869  
888-992-4376  
www.sobanewjersey.com  
Partial Care

**The Rescue Mission of Trenton -  
Outpatient Clinic**

98 Carroll Street  
Trenton, NJ 08609  
609-815-3975  
www.rmtrenton.org  
Long term (180-day) residential addiction  
treatment  
Services to homeless, indigent clients and  
those with specific legal issues  
Medical supervision, educational and  
vocational assistance  
Bilingual (Spanish) professional on staff

**Turning Point**

Barnert Medical Arts Complex  
680 Broadway, Suite 104  
Paterson, NJ 07514  
973-380-0905  
www.turningpointnj.org  
Residential short term  
Any Insurance is accepted  
Preference to those who cannot afford to  
pay for private treatment.  
Sliding fee scale  
Bilingual (Spanish) professional on staff

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**New Hope Integrated  
Behavioral Health Care**

80 Conover Road  
Marlboro, NJ 07746  
732-946-3030 (24 hours)

**Also at**

595 County Avenue,  
Secaucus, NJ 07094  
201-866-0888  
www.newhopeibhc.org  
Compulsive gambling treatment  
Sub-acute detoxification (3-5 days)  
Residential adult up to 28 days  
Residential adolescent, 14 days to 8 months  
Adolescent male, Marlboro, NJ  
Adolescent male or female, Secaucus, NJ  
Sliding scale fee; Indigent clients accepted  
Bilingual (Spanish) professional on staff

**Penn Medicine-  
Princeton House Behavioral Health**

905 Herrontown Road  
Princeton, NJ 08540  
609-497-3300 or 800-242-2550  
www.princetonhouse.org  
Most major insurance  
Medicare, Medicaid accepted

**Straight and Narrow**

508 Straight St.  
Paterson, NJ 07503  
Phone: 973-345-6000 ext. 6637  
www.straightandnarrowinc.org  
Residential short-term treatment 6-12 months  
Bilingual (Spanish) professional on staff

Intensive Outpatient Services  
Group sessions  
Assessment & Evaluation Of Co-occurring  
Disorders  
Syllabus management for academic support  
Private insurance accepted

**STEP Inc.**

40 Woodbridge Avenue  
Sewaren, NJ 08861  
732-636-1931  
www.stepnj40.com  
Life Coaching  
Spiritual Groups  
Pain Management  
Family Therapy  
Suboxone Maintenance  
Anti-Craving Medication  
Treatment for Co-Occurring Depression and  
Anxiety Disorders

**Stress Care of New Jersey**

500 Park Avenue  
Manalapan, NJ 07726  
732-679-4500 or  
4122 Route 516  
Matawan, NJ 07747  
732-679-4500  
www.stresscareclinic.com  
Outpatient Substance Abuse Services  
Adolescent Substance Abuse Intensive  
Outpatient Program  
Adult Substance Abuse Intensive Outpatient  
Services  
Adult Substance Abuse Partial Care Services  
Accepts most insurance including Medicaid  
and Medicare

**Summit Oaks Hospital**

19 Prospect Street  
Summit, NJ 07902  
908-522-7071 or 800-753-5223  
www.summitoakshospital.com  
Comprehensive evaluation/assessment  
Individual treatment plan  
Group therapy  
Psycho-educational groups  
Major insurances accepted including  
Medicare and Medicaid

**The Center for Therapy  
& Counseling Services**

629 Amboy Avenue, Suite 206  
Edison, NJ 08837  
732-254-0600

**Also at**

15 W Prospect Street, Suite 2  
East Brunswick, NJ 08816  
www.centerfortherapy.net  
Couple & family therapy  
Group Therapy  
Day, Evening, & Weekend Appointments  
Bilingual (Spanish) professional on staff

**The Counseling Center**

4345 US 9 North  
Freehold, NJ 07728  
732-431-5300  
www.thecounselingcenter.com  
Individualized treatment  
Day & evening programs  
Group counseling  
Adolescent program  
Family interventions

**CURA, Inc.**

35 Lincoln Park  
Newark, NJ 07101-0180  
973-622-3570  
www.curainc.org  
Bilingual (Spanish) professional on staff  
Long-term 9-12 months; short-term 1-3 months  
Services for Spanish-speaking mother with child

**Damon House, Inc.**

105 Joyce Kilmer Avenue  
New Brunswick, NJ 08901  
732-828-6002  
www.damonhouse.org  
Sliding scale fee; Indigent clients accepted  
Variable length of stay  
Therapeutic Community  
Vocational counseling  
Family therapy; Individual & group counseling  
Basic adult education  
Smoking cessation & nicotine replacement  
therapy program  
Bilingual (Spanish) professional on staff

**Discovery Institute for  
Addictive Disorders, Inc.**

80 Conner Road  
Marlboro, NJ 07746  
844-478-6563  
Fax: 732-946-0758  
www.discoverynj.org  
Short term & Long term 1 - 6 months  
Vocational & educational training  
Family therapy and education  
Medical detox  
Indigent clients accepted  
Sliding scale fee  
Private insurance accepted

Adult males 18 years and older  
Minimum stay 90 days, maximum is one year  
In-house group counseling, individual counseling and self-help  
Required to seek full time employment within 10 days of admission  
Resident is responsible for financial obligation of \$130 per week  
All commercial insurance accepted  
Clients may pay on a sliding fee scale

**The Rescue Mission of Trenton -  
Vince's Place**

98 Carroll Street  
Trenton, NJ 08609  
609-815-3975  
[www.rescuemissionoftrenton.org](http://www.rescuemissionoftrenton.org)  
For individuals who need time to transition into treatment or out of treatment with focus on obtaining life skills and employment  
Bilingual (Spanish) professional on staff

**INPATIENT/RESIDENTIAL  
TREATMENT**

**Carrier Clinic**

252 County Road 601  
Belle Mead, NJ 08502  
800-933-3579  
[www.carrierclinic.org](http://www.carrierclinic.org)  
Private health insurance  
Sliding fee scale based on income and other factors

**Core Health**

540 Bordentown Avenue  
South Amboy, NJ 08879  
732-721-1000  
[www.corehealthnj.com](http://www.corehealthnj.com)

**The Passion Care Center**

187 Fayette Street  
Perth Amboy, NJ 08861  
732-410-7102  
[www.thepassioncarecenter.com](http://www.thepassioncarecenter.com)  
Outpatient and Intensive Outpatient  
Partial Care or Daily Program  
Case Management  
Individual and Group Therapy  
Client centered and Family Therapy  
Co-occurring Services  
Mental Health Assessments  
Psycho-Education Groups  
Adolescent Mentoring  
Adolescent Counseling: for Substance and Mental Health  
Bilingual (Spanish) professional on staff  
Motivational interviewing and Motivational Enhancement Therapy  
DCP&P approved Services  
Sliding Fee Scale

**The Rescue Mission of Trenton -  
Outpatient Clinic**

98 Carroll St  
Trenton, NJ 08609  
609-815-3975  
[www.rescuemissionoftrenton.org/outpatient\\_clinic.php](http://www.rescuemissionoftrenton.org/outpatient_clinic.php)  
Standard outpatient substance abuse treatment  
Services to men and women  
Sliding scale fees  
Bilingual (Spanish) professional on staff

**Rutgers/UBHC  
Specialized Addiction Treatment Services**

303 George Street  
New Brunswick, NJ 08901  
Phone: 732-235-3440 / Fax: 732-235-5635  
Access Center: 800-969-5300  
www.ubhc.rutgers.edu  
Comprehensive outpatient services  
Individual, group & family therapy  
Specialized Women's Services  
Biopsychosocial evaluation  
Treatment for co-occurring psychiatric disorders  
Trauma informed care  
Case management  
Free HIV Education and Testing  
Medicare, Medicaid accepted  
Bilingual (Spanish) professional on staff

**HALFWAY HOUSES**

**Crawford House/Daytop**

362 Sunset Road  
Skillman, NJ 08558  
908-874-5153  
www.daytopnj.org/programs/crawford-house  
Women age 18 & over; Average stay 6 months  
Bilingual (Spanish) professional on staff

**Dudley House**

930 Putnam Street  
Plainfield, NJ 07060  
1-800-538-5483  
www.sunrisehouse.org  
Men age 18-65; Average stay 8 months  
Bilingual (Spanish) professional on staff

**Epiphany House (New Hope Integrated Behavioral Health Care)**

1110 Grand Avenue  
Asbury Park, NJ 07712  
732-775-0720  
www.newhopeibhc.org  
Women with children (Homeless or at risk of homelessness)  
Early intervention services for children  
Individual, Group, and Family Counseling  
Parenting Instruction  
Life Skills and Basic Education  
Health Assessment and Promotion  
Case Management  
Bilingual (Spanish) professional on staff

**Mattie House (New Hope Integrated Behavioral Health Care)**

86 Conover Road  
Marlboro, NJ 07746  
732-817-0616  
www.newhopeibhc.org  
Adult males 18 years and older  
Minimum stay 90 days, maximum is one year  
In-house group counseling, individual counseling and self-help  
Required to seek full time employment within 10 days of admission  
All commercial insurance accepted  
Clients may pay on a sliding fee scale

**Philip House (New Hope Integrated Behavioral Health Care)**

190 Chelsea Ave  
Long Branch, NJ 07740  
732-870-8500  
www.newhopeibhc.org