

October 2020

**SYCAMORE
SENIOR CENTER**
290 Old Road, Port Reading

United States
**Census
2020**

"Be Counted in the Best Town Around!"

Monday	Tuesday	Wednesday	Thursday	Friday
Senior Hotline 732-726-6264			1 9am-10pm Billiards 12:00 Movie	2 9am-10am Billiards 2-4pm Art Class
5 9am-10:00am Billiards 11-1pm Knitting/Crocheting	6 9:30 Chair Yoga 12:30-2:30 Bingo	7 11am-1pm Knitting/Crocheting 2-3pm Billiards	8 9am-10pm Billiards 12:00 Movie	9 9am-10am Billiards 2-4pm Art Class
	13 9:30 Chair Yoga 12:30-2:30 Bingo	14 11am-1pm Knitting/Crocheting 2-3pm Billiards	15 9am-10pm Billiards 12:00 Movie	16 9am-10am Billiards 2-4pm Art Class
19 9am-10:00am Billiards 9:15-10:15am Chair Pilates 11-1pm Knitting/Crocheting	20 9:30 Chair Yoga 12:30-2:30 Bingo	21 11am-1pm Knitting/Crocheting 2-3pm Billiards	22 9am-10pm Billiards 12:00 Movie	23 9am-10am Billiards 2-4pm Art Class
26 9am-10:00am Billiards 9:15-10:15am Chair Pilates 11-1pm Knitting/Crocheting	27 9:30 Chair Yoga 12:30-2:30 Bingo	28 11am-1pm Knitting/Crocheting 2-3pm Billiards	29 9am-10pm Billiards 12:00 Movie	30 9am-10am Billiards 2-4pm Art Class

For General Information or If you have any questions please call Sandra Dookhu 732-726-7087 or Email: Sandra.Dookhu@twp.woodbridge.nj.us

1. Anyone entering the building must wear a mask AT ALL TIMES.
2. To reserve a spot in a class/activity, members must call their center the Friday before the following week begins.
3. Members will be allowed to enter into the center 15 minutes prior to class/activity.
4. At this time, only members who registered for a class are allowed in the center.
5. No lingering is allowed.
6. A member can only reserve 2 time slots per week at this time.
7. No class registration will be taken less than 24 hours prior to the start of a class/activity.
8. There will be no water/coffee served. Please bring your own water bottle. No food is permitted.
9. Please practice 6ft of social distance. Continuously wash your hands and sanitize your area.
10. Only 1 member allowed in the lavatory at a time.

Schedule Subject
To Change

John E. McCormac
Mayor



Dennis M. Green
Director of Health