

BE SMART! BE SAFE!

FOLLOW THESE SIMPLE STEPS TO STAY HEALTHY DURING COVID-19:

- Practice social distancing 
- Wear a mask or face covering around your mouth and nose 
- Limit your time interacting with others 
- Wash your hands often & avoid touching your face 
- Clean & disinfect frequently touched surfaces 
- Cover coughs and sneezes with a tissue or your elbow 
- Stay home if you are feeling ill 
- Follow all CDC guidelines 

It is important that phone calls from contact tracers are answered by you and the interview is completed thoroughly to stop the spread of COVID-19.



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