

The Road Back: Moving Forward Cautiously

Maximum
restrictions

STAGE 1

STAGE 2

STAGE 3

New normal

Description	Most staying at home Activity largely limited to crucial activities	Restrictions relaxed on low-risk activities if appropriately safeguarded	Additional activities permitted that can be easily safeguarded	Most activities allowed with significant safeguarding	Economic and social activity back to normal with a new resilience
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- Precautions applying across stages**
- Work that can be done at home should continue to be done at home
 - Clinically high-risk individuals who can stay at home should continue to do so
 - All residents and businesses should follow State & Federal safeguarding guidelines:



Wash hands



Respect social distancing



Disinfect workplaces and businesses



Wear masks in public



Minimize gatherings



No mass gatherings





The Road Back:

Restoring Economic Health Through Public Health

Six Key Principles

Governor Phil Murphy announced his vision, “The Road Back: Restoring Economic Health Through Public Health,” to restart New Jersey and put the state on the road to recovery. Gov Murphy’s stay-at-home Executive Order, which has been in effect since March 21st, will remain in effect in its entirety until further notice. The following six principles and key metrics will guide the process for lifting restrictions and restoring New Jersey’s economic health through public health.



Principle 1: Demonstrate Sustained Reductions in New COVID-19 Cases and Hospitalizations

- 14-day trend lines showing appreciable and sustained drop in cases, hospitalizations, and other metrics;
- Hospitals stepping down from functioning under crisis standards of care.



Principle 2: Expand Testing Capacity

- At least double current diagnostic testing capacity;
- Prioritize testing for health care workers, essential personnel, and vulnerable populations;
- Create a flexible testing plan accessible to all residents;
- Expand partnerships with institutions of higher education, private-sector labs, and the federal government.
- Ensure that those who test positive are linked to a health care provider.



Principle 3: Implement Robust Contact Tracing

- Recruit and deploy an army of personnel who will identify and follow-up with contacts;
- Leverage technological data and innovative solutions to increase efficiency;
- Coordinate the approach of local and state health officials, which will have a coordinated county/regional component.



Principle 4: Secure Safe Places and Resources for Isolation and Quarantine

- To the greatest extent possible, provide individuals who do test positive in the future with a safe and free place to isolate and protect others from COVID-19;
- Ensure that quarantined contacts are provided supportive services, if needed.



Principle 5: Execute a Responsible Economic Restart

- Create the Governor’s Restart and Recovery Commission to advise on the process and recommend responsible and equitable decisions;
- Plan for a methodical and strategic return to work based on level of disease transmission risk and essential classification;
- Continuation of social distancing measures where feasible and appropriate;
- Leverage any available federal funds and programs to support health care, individual, and small business recoveries.



Principle 6: Ensure New Jersey’s Resiliency

- Learn from the lessons of COVID-19 and prepare for the possibility of a resurgence;
- Ensure hospitals, health care systems, and other health delivery facilities have inventories of personal protective equipment and ventilators;
- Build our own state personal protective equipment and ventilator stockpile;
- Create a playbook for future administrations for the next pandemic.