



Hackensack
Meridian Health
JFK Medical Center



Power Your Brain: Understanding Memory Loss

Learn the difference between normal and abnormal memory loss as you age and ways to keep your mind sharp.

Presented by:

*Jessica Breidbord, MS, CCC-SLP
Speech-Language Pathologist*

*Department of Speech Pathology and Audiology,
JFK Johnson Rehabilitation Institute*

**Thursday, January 23, 2020
11:30 a.m. – 12:30 p.m.**

**Woodbridge Main Library
1 George Frederick Plaza, Woodbridge**

This event is free. Registration is required.

**For more information and to register, visit
HackensackMeridianHealth.org/Events**

OR

**woodbridgelibrary.evanced.info/signup
or call 1-800-560-9990.**