



Monday	Tuesday	Wednesday	Thursday	Friday
<p>WHAT LIES BEHIND US AND WHAT LIES BEFORE US ARE SMALL MATTERS COMPARED TO WHAT LIES WITHIN US</p>	<p>1 9:00 Zumba Gold-G 10:00 Dance Fit-G 12:00 Puzzles 12:30 Card Games-A Table Tennis-G 1:00 Mahjongg-E Scrabble-B</p>	<p>2 9:15 Exercise -G 10:30 Music Enrich-A 11:00 Crochet Group-E Multi Service 11:15 Zumba Gold -G 12:00 Puzzles 12:30 Card Games-A 12:30 Line Dancing-B</p> 	<p>3 9:30 Line Dance-G 10:00 Art Lab -B 11:15 Ballroom-G 12:00 Puzzles 12:30 Card Games-A Chair Yoga 1:00 Mahjongg-E Scrabble-B</p>	<p>4 9:00-11:00 Cards - E 9:15 Exercise -G 11:00-2:30 Cards - D 11:00 Crochet Group-E Multi Service 11:30 Zumba Gold-G Bingo-B 12:30 Cards-A Table Tennis-G 2:30-4:30 Puzzles - D</p>
<p>7 9:15 Exercise -G 9:30 Train Dominoes-E 10:00 Blood Pressure - YC 10:30 Music Enrich-A Tai Chi-G 11:00 Card Games-D 11:30 Bingo-B 12:00 Puzzles 12:30 Line Dance-G 3:30 Wii</p>	<p>8 9:00 Zumba Gold-B 10:00 Dance Fit-B 11:00 Multi Services-G 12:00 Puzzles 12:30 Card Games-A Table Tennis-G 1:00 Mahjongg-E Scrabble-B</p> 	<p>9 9:00 Exercise -G 10:15 Movie: "Book Club" 10:30 Music Enrich-A 11:00 Crochet Group-E Multi Service 11:15 Zumba Gold-B 12:00 Puzzles 12:30 Card Games-A 12:30 Line Dancing-B</p>	<p>10 9:30 Line Dance-G 10:00 Art Lab -B 11:15 Ballroom-G 12:00 Puzzles 12:30 Card Games-A Chair Yoga 1:00 Mahjongg-E Scrabble-B</p>	<p>11 9:00-11:00 Cards - E 9:15 Exercise -G 11:00-2:30 Cards - D 11:00 Crochet Group-E Multi Service 11:30 Zumba Gold-G Bingo-B 12:30 Cards-A Table Tennis-G 2:30-4:30 Puzzles - D</p>
<p>14 Closed</p> 	<p>15 9:00 Zumba Gold-G 10:00 Dance Fit-G 12:00 Puzzles 12:30 Card Games-A Table Tennis-G 1:00 Mahjongg-E Scrabble-B</p>	<p>16 9:15 Exercise -G 10:30 Music Enrich-A 11:00 Crochet Group-E Multi Service 11:15 Zumba Gold -G 12:00 Puzzles 12:30 Card Games-A 12:30 Line Dancing-B</p>	<p>17 9:00 A/C Trip 9:30 Line Dance-G 10:00 Art Lab-B 11:15 Ballroom-G 12:00 Puzzles 12:30 Card Games-A Chair Yoga 1:00 Mahjongg-E Scrabble-B</p> 	<p>18 9:00-11:00 Cards - E 9:15 Exercise-G 10:00 Coffee with Councilwomen Meehan 11:00-2:30 Cards - D 11:00 Crochet Group-E Multi Service 11:30 Zumba Gold-G Bingo-B 12:30 Cards-A Table Tennis-G 2:30-4:30 Puzzles - D</p>
<p>21 9:15 Exercise -G 9:30 Train Dominoes-E 10:30 Music Enrich-A Tai Chi-G 11:00 Card Games-D 11:30 Bingo-B 12:00 Puzzles 12:30 Line Dance-G 3:30 Wii</p>	<p>22 9:00 Zumba Gold-G 10:00 Dance Fit-G 11:00 "Outsmart the Scammer"- E 12:00 Puzzles 12:30 Card Games-A Table Tennis-G 1:00 Mahjongg-E Scrabble-B</p> 	<p>23 9:15 No Exercise 10:30 Music Enrich-A 11:00 Sewing Group-E Multi Service 11:15 Zumba Gold - B 11:30 Lunch: "Goblins, Ghouls & Ghost" 12:00 Puzzles 12:30 Card Games-A 12:30 Line Dancing-B</p>	<p>24 9:30 Line Dance-G 10:00 Art Lab -B 11:15 Ballroom-G 12:00 Puzzles 12:30 Card Games-A Chair Yoga 1:00 Mahjongg-E Scrabble-B</p>	<p>25 9:00-11:00 Cards - E 9:15 Exercise -G 11:00-2:30 Cards - D 11:00 Crochet Group-E Multi Service 11:30 Zumba Gold-G Bingo-B 12:30 Cards-A Table Tennis-G 2:30-4:30 Puzzles - D</p>
<p>28 9:15 Exercise -G 9:30 Train Dominoes-E 10:30 Music Enrich-A Tai Chi-G 11:00 Card Games-D 11:30 Bingo-B 12:00 Puzzles 12:30 Line Dance-G 3:30 Wii</p>	<p>29 9:00 Zumba Gold-G 10:00 Dance Fit-G 12:00 Puzzles 12:30 Card Games-A Table Tennis-G 1:00 Mahjongg-E Scrabble-B</p>	<p>30 9:15 Exercise -G 10:30 Music Enrich-A 11:00 Crochet Group-E Multi Service 11:15 Zumba Gold -G 12:00 Puzzles 12:30 Card Games-A 12:30 Line Dancing-B</p>	<p>31 9:30 Line Dance-G 10:00 Art Lab -B 11:15 Ballroom-G 12:00 Puzzles 12:30 Card Games-A Chair Yoga 1:00 Mahjongg-E Scrabble-B</p> 	<p>For more information please contact Cynthia Ruzich at 732-726-6261 or email at Cynthia.ruzich@twp.woodbridge.nj.us</p>

Important Phone Numbers

Mayor John E. McCormac
Township of Woodbridge
Senior Transportation Service



732-726-2394

Evergreen Senior Center	732-726-6261
Multi Service On Aging	732-726-6262
Health Department	732-855-0600
Town Hall	732-634-4500
Police (Non-Emergency)	732-634-7700
MCAT (Transport)	800-221-3520
Access Link (Transport)	800-955-2321

Upcoming Events

Nov 9 th	Veteran's Breakfast	9:30am
Nov 12 th	Expression: Multiservice on Aging	11:00am
Nov 13 th	Movie "Finding Your Feet"	10:15am
Nov 15 th	Coffee with Councilwoman Meehan	10:00am
Nov 19 th	"Meal Planning for one"	11:00am
Nov 22 nd	"Friends Giving - Lunch"	11:30am